



▶ LIPOSOMAL DIETARY SUPPLEMENTS AND VITAMIN

▶ XELTONIC ALCOHOL FREE BEVERAGES

ADDRESSING THE LIFESTYLE MODIFICATION TREND AND DEVELOPING PRODUCTS FOR ALTERNATIVE HEALTHCARE INDUSTRY.

Nanotechnology *focus*

“Lifestyle modification and holistic preventative approach to illness is a way to total wellness”

Market Trend

Helping you achieve your wellness goal is our **inspiration.**

Nanotechnology refers to creating micro particles of the active material one wish to coat with liposomes.

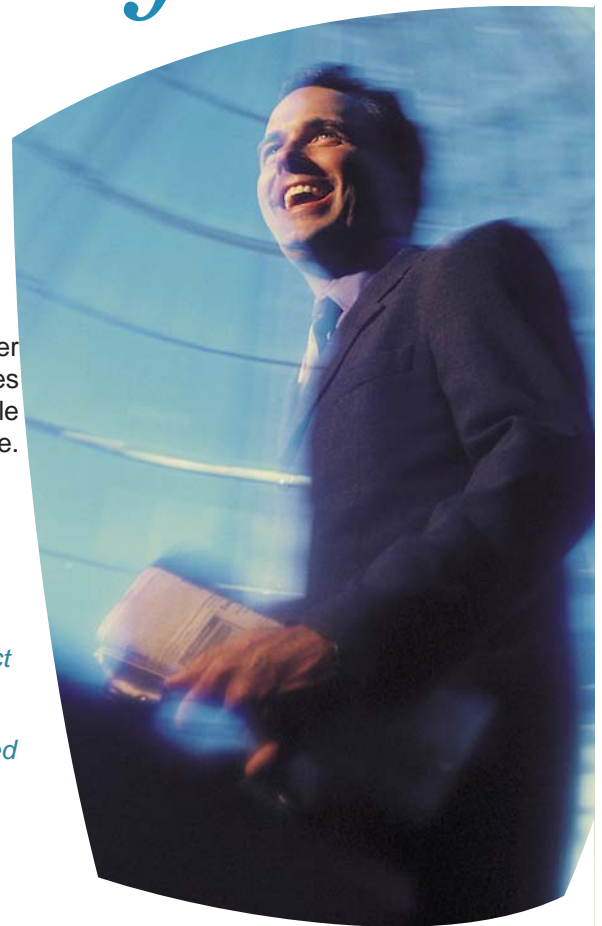
A liposome is a microscopic, fluid-filled pouch whose walls are made of layers of phospholipids identical in makeup to the phospholipids that make up cell membranes.

Liposomes can be used to deliver substances to the blood stream and cells more efficiently than normal. When phospholipids combine with water they immediately form a microscopic sphere because one end of the phospholipids structure is very water loving. The opposite end is fatty in nature and thus is water insoluble. Water soluble substances

can be trapped inside the water sphere while fat soluble substances can be trapped inside the fat soluble opposite end of the molecule.

Nanotechnology Increases Absorption Dramatically

Regular vitamin C is absorbed at approximately 19%, the balance remains in the gastrointestinal tract to attract water and loosen the bowels. Nanotechnology, liposomalized vitamin C is absorbed at 93%, measurable in the blood stream. A 390% increase in absorption!



HEALTH WATCH

Dr. Linus Pauling on vitamin C

Dr. Pauling was largely ridiculed for making these declarations, but today, large doses of Vitamin C are used by many practitioners for cancer patients in nutritional therapies, who believe Pauling was right and that vitamin C is indispensable to the body in its fight to regain health from cancer.



Getting the most from market research analysis

Our business is caring for the world, one person at a time.

How Antioxidants Help?

Antioxidants are molecules that come from nature, which neutralize free-radicals by donating one of their own electrons, ending the "electron-stealing" behavior of the free-radicals.

The antioxidant nutrients themselves don't become free-radicals in the process of donating an electron because they are stable in either form. They act as scavengers, helping to prevent cell and tissue damage that could lead to cellular damage and disease.

You can see antioxidants at work in your own kitchen. Slice an apple in half and watch it turn brown. That's oxidation, due to oxygen reacting with the apple creating free-radicals. If, however, you dip the apple in some lemon juice, the rate at which the apple turns brown is slowed down because the vitamin C in the lemon juice decreases the rate of free radical activity taking place.



SMARTER CHOICE:
Experience the difference.



Avoid and say no to the following.

Eating polyunsaturated fats. (Yes, the ones that were once considered to be healthy!)

Consuming trans-fatty acids, such as all margarines, and heart health spreads made with polyunsaturated oils.

Cooking with fats, particularly POLYUNSATURATED oils. All fats oxidize, with the exception of Virgin Coconut Oil.

- Smoking.
- Drinking Alcohol.
- Restless Sleep
- Everyday toxins (from foods, pesticides, herbicides, chemicals and additives.
- Pollution (such as petrol and exhaust fumes).
- Stress - both emotional and physical

Medical experts say:
"If your body was a corporation, your liver would be the president!"

In fact, if you...

- Are over 40 years old...
- Regularly take over-the-counter medicines including aspirin, Tylenol® or even cough and cold syrup...
- Are using prescription drugs to treat your joint problems, high blood pressure, high cholesterol, pain, digestive problems, prostate, or sleep problems...
- Eat fast foods, red meat or a high fat-diet...
- Are exposed to chemicals and pollutants at work or use sprays and aerosol products around your house...
- Drink less than six to eight glasses of quality water daily.

THEN YOUR LIVER NEEDS HELP!

Xeltonic™ Can Help!

Xeltonic™ Benefits There are many health reasons for drinking alcohol free wines:

• Anti Aging	• Sugar Balance	• Lack of Energy	• Cholesterol	• Immune Functions
• Memory	• Joint Pain	• Depression	• Stress	• Fatigue
• Jetlag	• Blood Pressure	• Cravings	• Detoxification	• Eye Functions
• Bares to Teeth	• Dementia	• Insomnia	• Digestion	• Hangover

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How can we prevent Free-Radical Damage?

There are two solutions. The first and most obvious is to avoid the causes of free-radical damage, such as by avoiding the use of all polyunsaturated fats in cooking and use saturated fats, such as virgin coconut oil, which never oxidizes. In addition, eliminate toxins from our diet and lifestyle. Yet, even if we do all these things, we will still encounter free-radical damage due to the fact that we need oxygen and we need to exercise - and that produces a lot of free radical stress. The second solution is to rely on the help of Mother Nature by obtaining ANTIOXIDANTS from our food.

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